

AREA SUPPORT GROUP - KUWAIT



Welcome Book & Base Information

CAMP ARIFJAN
CAMP BUEHRING

Rev. Jan 2021

TABLE OF CONTENTS

Section 1: Kuwait Introduction

Section 2: Moving to Kuwait

- Timeline (backward planning)
- Sponsorship
- Online Training
- Recommended Items to Bring to Kuwait
- Entitlements

Section 3: Travel to Kuwait

- Departure/Arrival
- Shipping Household Goods

Section 4: Housing

- Camp Arifjan
- Prohibited & Authorized Items

Section 5: Medical Services

- USMHC-K & Dental
- Medical & Dental Clinic
- Hours of Operations
- Veterinary Services

Section 6: Installation Services

- AAEFES
- Religious Services
- Soldier Center
- DFAC
- MWR
- Red Cross
- Education Center
- USO

Section 7: ASG-KU Directory

Area Support Group - Kuwait Command Team



DEPARTMENT OF THE ARMY
AREA SUPPORT GROUP - KUWAIT
CAMP ARIFJAN, KUWAIT
APO AE 09366-9900

COMMANDER



Col. John J. Herrman

ACKU-CO

20 November 2020

Welcome to ASG-KUI,

On behalf of the Soldiers and leaders of Area Support Group – Kuwait, we would like to welcome you to the team and the country of Kuwait. Our installations are the critical hub for all forces flowing in and out of the Central Command area of responsibility.

You are joining a great team. ASG-KU is a unique organization, as our mission spreads across multi-functional tasks and is made up of uniformed and civilian personnel. We are responsible for the implementation and execution of the Defense Cooperation Agreement (DCA) on behalf of USARCENT with the Kuwaiti Ministry of Defense, as well as serving as the Base Operating Support Integrator (BOS-I) and the Security Coordinator for Kuwait.

As a member of ASG-KU you will interact with influential leaders within the Kuwaiti military and government, the U.S. Embassy, as well as key leaders from many U.S. Commands. You are part of a unique organization that is crucial in the defense of Kuwait and has a long standing reputation in the region. You will find the assignment both professionally and personally rewarding.

Our team of trusted professionals take pride in our ability to meet whatever challenge is presented. Integral to our mission is ensuring that our members and families are prepared for the assignment. In that pursuit, please take a minute to review the information available for Soldiers and Families at <https://www.usarcent.army.mil/Families/> and <https://www.army.mil/soldierresources/>.

If you are a uniformed member and have not already done so, you must log into the Army Career Tracker portal at <https://actnow.army.mil> and fill out the DA Form 5434 sections 1,2,4 and 5. This action is needed to process your orders. If this is your first time logging into ACT, follow these steps:

- 1) Log into Army Career Tracker with you CAC.
- 2) You must select your own First Line Leader/Supervisor.


If you have already logged into ACT, follow these steps:

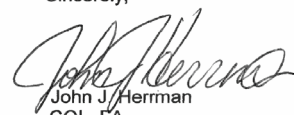
- 1) Log into Army Career Tracker.
- 2) Click the Sponsorship Tab across the top of the page.
- 3) Complete the required actions from the Sponsorship Dashboard or Sponsorship sub-tabs.

Following this welcome letter, your sponsor will reach out to you and ease your transition into theater. Your sponsor will answer any questions you may have about moving, what to pack and how to be ready to hit the ground running day one. Please feel free to call our Brigade S1, MAJ Angel Vegacolon, angel.a.vegacolon@mail.mil or Brigade S1 NCOIC, SFC Byron Ashley, byron.r.ashley@mail.mil, DSN: 318-480-0387.

You are joining a professional organization committed to excellence, partnership building, and to the development of your professional career. We are looking forward to serving with you and having you on our team – "Always Forward!"

Sincerely,


Brian M. Disque
CSM, USA
BDE CSM


John J. Herrman
COL, FA
Commanding

COMMAND SERGEANT MAJOR



Command Sgt. Maj.
Brian M. Disque

Section 1: Introduction

The most northerly of the Arabian Gulf states (called the Persian Gulf by Iranians but always Arabian Gulf when speaking to Arabs), the State of Kuwait is located just south of the joint mouth of the Euphrates and Tigris rivers. Kuwait borders Iraq to the north and west, Saudi Arabia to the south, and the Arabian Gulf to the east. Its area covers only 6,880 square miles (about the size of New Jersey) and the land is entirely arid or semi- arid. Kuwait has no fresh and only occasionally brackish water sources and receives about six inches of rainfall annually.

Kuwait is a Muslim nation, with a court system based on a combination of Civil and Islamic Law. Islam is the state religion and the workweek is from Sunday through Thursday. Arabic is the official language, however, English is taught in and widely spoken. public schools



Western influences combined with traditional customs produce a society with elements of both cultures. Traditional ways of life have recently resurged among many Kuwaitis and is often reflected in their dress. The discovery of Kuwait's enormous oil reserves resulted in the transformation of Kuwait from a tribal society to a modern welfare state, with one of the highest per capita incomes in the world. Kuwaiti citizens share this wealth through government- sponsored programs providing free housing, medical treatment, and education.

Since the 1950's education has been patterned after Western Systems and approximately 75 percent of Kuwait's people are literate. Women, as well as men, receive a free education through the university level.

History



Kuwait's history developed through its location between the sea and the desert. Desert nomads originally settled Kuwait by moving from Saudi Arabia in the mid-18th century. Since agriculture was impractical, a trade-based economy was soon established. Due to Kuwait's location on the Gulf, the focus was on fishing, pearl diving, and shipbuilding. During the 18th and 19th centuries, Kuwait became one of the busiest harbors in the Gulf area.

In 1899 Sheik Mubarak Al-Sabah signed an agreement with the British Government to place Kuwait under British protection whereby Britain handled Kuwait's foreign affairs.

The world at large first became aware of Kuwait in the early 1950's when oil from Kuwait began to reach Europe. Oil revenues changed Kuwait from a little-known port on the Arabian Gulf to one of the richest countries in the world. By mutual agreement with Britain in 1961, Kuwait reassumed control of its own foreign affairs and became fully independent with membership in the United Nations by 1963. In 1963, the U.S. Consulate, which was in existence since 1951, was raised to Embassy status. By the late 80's, Kuwait had become an example of a traditional society that advanced rapidly into the 20th century because of its oil wealth. The nation's capital, Kuwait City, began as a fortified town surrounded by a mud wall for protection against raiding tribes. Today the city has high-rise buildings, two busy ports, and stores that sell all the latest name brand products.

In July 1990, Iraq accused Kuwait of stealing petroleum from a disputed oil field and producing too much petroleum; they massed forces along the border. On August 2, after talks between the two countries had broken down, Iraq invaded Kuwait, overran Kuwait City, and overthrew the government. Less than a week later Iraq annexed Kuwait, subsequently closing the borders of both countries. The United States and coalition allies rushed troops to the Saudi Arabia-Iraq border. Air strikes on Baghdad began on 16 January 1991, and continued, along with a ground campaign. Kuwait was liberated on 26 February 1991. Much of Kuwait City had been damaged by the Iraqi troops and thousands of citizens were killed or taken hostage.

Kuwait is a constitutional monarchy ruled by the Al-Sabah family. Executive power is centered on the Amir and is delegated to the heads of the ministries through the Prime Minister, who is also the Crown Prince and presides over the Council of Ministers. The drafting of Kuwait's constitution was encouraged and guided by the late Amir Abdullah Al-Salem Al-Sabah who, formerly with his family, exclusively held power. The constitution, which was revised in 1976, provides for an elected national assembly of parliament. There are 25 districts in Kuwait and each district elects two members who serve 4-year terms.

Politics The present Amir of Kuwait and the Commander of Kuwait Military Forces is HH Sheikh Nawaf Al-Ahmed Al-Jaber Al-Sabah. He was born on 25 June 1937 and is a son of the 10th ruler of Kuwait, Sheikh Ahmad Al-Jaber Al-Sabah. On 30 September 2020, he succeeded to the throne following the death of his half-brother, Sabah Al-Ahmad Al-Jaber Al-Sabah.



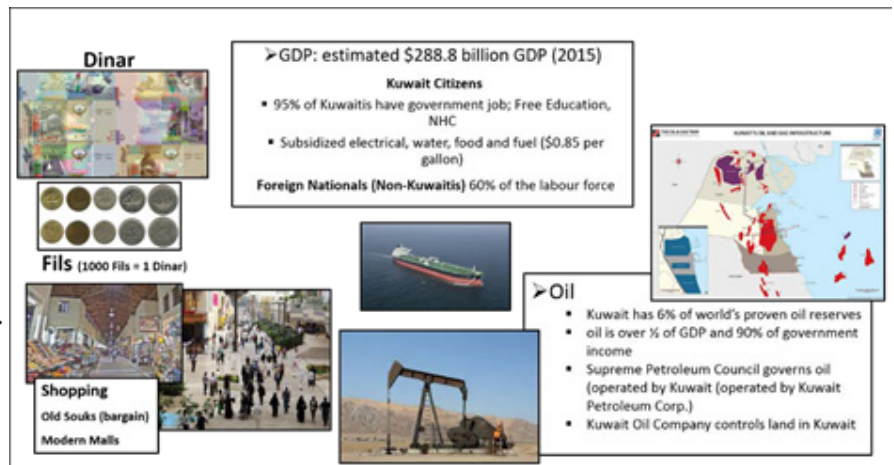
Economy The Kuwait economy is heavily dependent on its sizable oil revenue. Petroleum was first discovered in 1936 by a joint Gulf-British Petroleum concession (the Kuwait Oil Company) and was initially tapped in 1946. The Kuwait Oil Company (now part of the Kuwait Petroleum Corporation, which unifies all government-owned companies in the petroleum sector) is the major producer of crude oil in Kuwait, and until 1974, was owned by Gulf and British Petroleum. The Kuwait government took over full ownership of the company in 1975.

Kuwait has a Gross National Product (GNP) of \$25 billion per year with a GNP per capita of \$23,500. There are not many sources of income for Kuwait, other than petroleum production, petrochemical industries, and income from foreign investments. The foreign investments come from a fund that is based upon 10% of oil revenues. The oil reserves of Kuwait are estimated to be around 10% of the world total, and will at the present level of extraction last for 150 more years. Industries of Kuwait are connected to petroleum, and Kuwait is refining its own oil. Agriculture and food production are limited, and make up less than 2% of GNP. Fishing is becoming more and more important, and is at the level of 9,000 tons annually. The infrastructure in the eastern part of Kuwait is well developed and comprises 4,700 km of roads, and an international airport near Kuwait City.

There are eight newspapers in Kuwait: six Arabic and two English. There are also a number of foreign periodicals. Kuwait Television has four channels: one in Arabic, one in English, one sports channel, and one 24-Hour Channel. There is also the Kuwait Satellite Channel which began transmission on 4 July 1992.

In addition, there are Arabic radio stations, an English-speaking FM radio station, and the U.S. Armed Forces radio.

There are also broadcasts from the BBC World Service and Voice of America. Telecommunications are very advanced and available to the public.



Religion

The constitution of Kuwait states that the religion of the state is Islam, and Islamic law is the main source of legislation. Islam (submission to Allah) is a complete way of life that is set forth in detail in the Quran and Hadith. The Quran is the compiled revelations of Allah to the Prophet Mohammed. While the Hadith is a collection of the informal sayings of the prophet, not divinely inspired, it is still a guide for men to follow.

The Quran declares the “Five Pillars” of Islam as:

- Profession of the faith, “There is no God but Allah and Mohammed is His prophet”
- Prayer (five times daily)
- Pilgrimage to Mecca; every believer who can possibly afford it should make at least one pilgrimage in their lifetime
- Fasting, especially during the month of Ramadan
- Giving of alms

In the traditional Muslim community, secular and religious (spiritual) law are one and the same, and the “Shari’ah” (The Way of Life) spells out all those beliefs, rituals, and social/legal principles which govern men’s lives. The Muslim’s place of worship is a Mosque, of which there are over 500 in Kuwait. Five times a day the men are called to prayer.

The faithful either go to the Mosque, or pray where they are - in offices, in shops, or at home. They wash, remove their shoes, and kneel on their prayer carpets always facing towards Mecca. Friday is the weekly Holy Day, on which men go to the Mosque and worship.

Muslims hold a great respect for Christianity. Thus westerners will be expected to show as much respect for Islam and its religious holidays as the Muslims do for Christianity. With the exception of a handful of naturalized Christian families of Iraqi and Palestinian origin, all Kuwaitis are Muslim. Of these, roughly 80% adhere to the Sunni (Orthodox) branch of Islam, as does the ruling family. The remaining 20%, largely of Iranian and Iraqi origins are of the Shi’a sect. While the majority of Arabs in Kuwait are Sunni Muslims, significant numbers of the resident Lebanese, Syrians, and Palestinians are of Christian background, as are the majority of the Indian community. The total Christian population of Kuwait is estimated at 50,000. There is complete freedom of worship in Kuwait.



Religion

Muslims hold a great respect for Christianity. Thus westerners will be expected to show as much respect for Islam and its religious holidays as the Muslims do for Christianity.

With the exception of a handful of naturalized Christian families of Iraqi and Palestinian origin, all Kuwaitis are Muslim. Of these, roughly 80% adhere to the Sunni (Orthodox) branch of Islam, as does the ruling family.

The remaining 20%, largely of Iranian and Iraqi origins are of the Shi'a sect. While the majority of Arabs in Kuwait are Sunni Muslims, significant numbers of the resident Lebanese, Syrians, and Palestinians are of Christian background, as are the majority of the Indian community.

The total Christian population of Kuwait is estimated at 50,000. There is complete freedom of worship in Kuwait.

The religious holidays in the Islamic world are not determined by the solar (Gregorian) calendar, but by the lunar (highti) calendar.

The solar calendar is fixed; that is, a month falls at the same time during every year.

February is always in the winter, July always in the summer.

The lunar calendar year, however, is 11 days shorter than the solar year. Thus, the holidays that are fixed to certain days in the solar calendar are not correspondingly fixed to certain days in the lunar calendar.



Arabic Rules of Thumb

Do always ask for advice if you aren't sure how to behave in a certain situation. Kuwaiti colleagues and longtime residents are always willing to help.

Do be patient. Appointments and requests may be delayed by more pressing and higher priority demands.

Do not expect paperwork and routine matters to be accomplished immediately. The bureaucratic process can be time-consuming, but it does, usually, give results. It might be helpful to keep in touch with your supervisor, colleagues, or the office you are dealing with, when you find yourself waiting what you might consider an unreasonable amount of time. Possibly the information, papers, or money are available or ready, but no one has notified you.



Do expect Arabs to sit, talk, and stand closer than people in the West. What Westerners consider an intimate distance is only social, and friendly, here.

Do expect to be touched more frequently by members of the same sex. This is an expression of friendship.

Do not launch immediately into your personal concerns when meeting the person who can deal with them. This is considered impolitely abrupt. Expect to share in lengthy greetings and light conversation.

Do accept as normal the occasional use of influential connections to accomplish tasks more rapidly.

Do expect to shake hands much more frequently. On entering a room or meeting a group of people, it is expected that you will shake hands with everyone, except small children. On social occasions, you will probably also need to shake hands again when you leave.

Do not expect all promises or decisions to be put in writing. In some situations, you will have to accept an oral promise. This is partly because the written word carries a weight of meaning greater than Westerners are accustomed to.

Do not resort to writing in the event of a dispute or complaint, unless the other party has refused to discuss the matter or you have exhausted other oral means of resolving the problem. A complaint or dispute in writing is a possible source of embarrassment.

Do not be surprised at being given an indirect answer of insha' Allah (God willing). Insha' Allah usually indicates the good intentions of the speaker.

Arabic Rules of Thumb cont.

Do not lose your temper publicly and loudly and do not publicly reprimand or embarrass anyone. This will cause the subject of your anger or displeasure to lose face in a way that can only be recouped by ensuring that you publicly lose more face than he already has.

Do be aware of restrictions during Ramadan. During the month of Ramadan, which is approximately one month of nationwide fasting once a year, certain forms of public behavior are expected to be followed whether or not you are a Muslim.

No eating, drinking, chewing gum, or smoking is allowed by law in public during daylight hours. If you are not fasting as a Muslim, you must be sure you do these things in the privacy of your own home. Exceptions are made only for young children. Take note of the change in hours of government offices, businesses, television programs, etc. during this month.

Do dress appropriately on the job. First of all, because Kuwait is an Islamic country, there are certain types of dress that should be avoided, especially if you are an official guest of the government.

In general, modest dress is appropriate. Men and women should dress in a way that is appropriate to the professional positions they hold.

Do avoid some subjects in public. Certain topics are generally not considered appropriate or acceptable for discussion in public. These may include political issues, religion, alcohol, total women's liberation, abortion, and male-female relationships, such as dating. Many people are very sensitive about these topics, and problems could arise should you try to discuss them.



Section 2: Moving to Kuwait

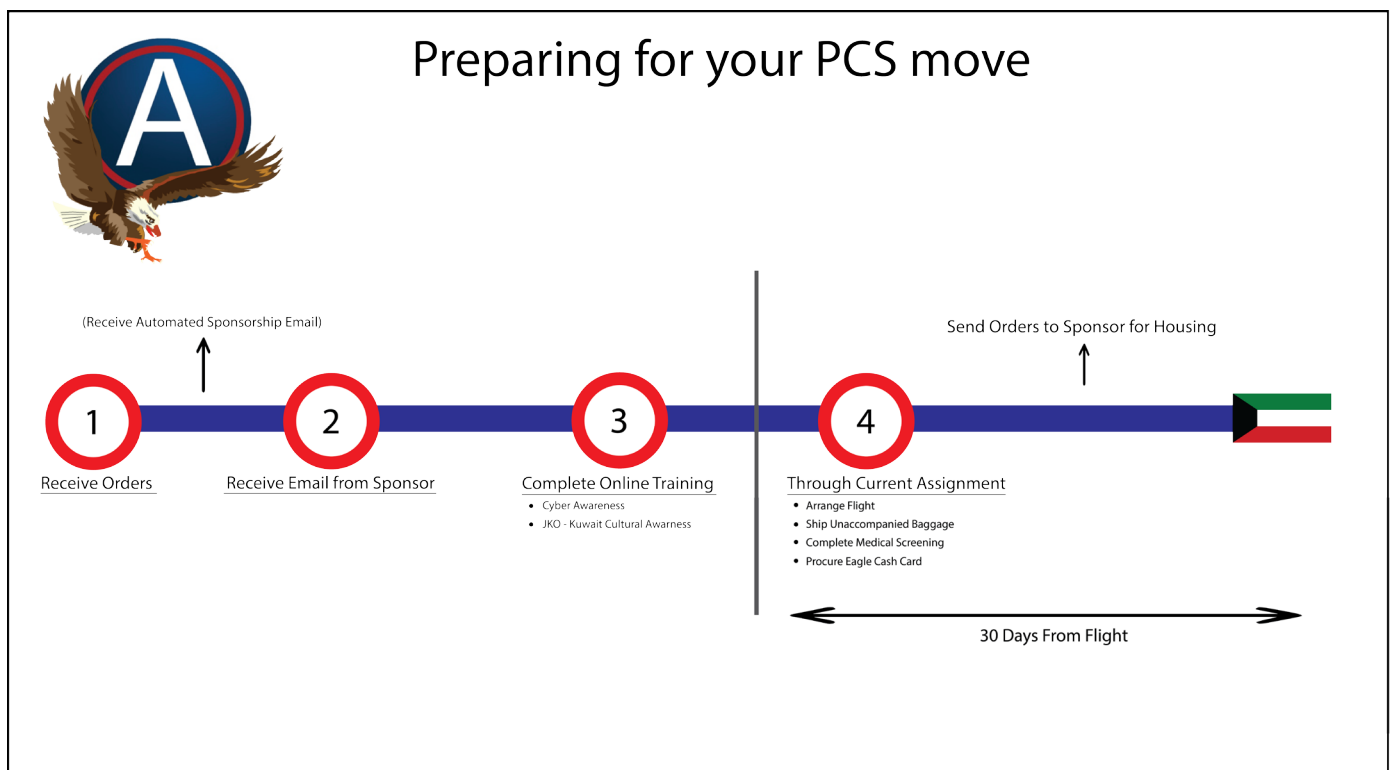
Timeline

Now that you know you are coming to Kuwait, what should you do next? This section provides tips about what you need to complete prior to stepping on the plane for your flight to Kuwait.

For TCS personnel, the process is very similar to previous deployments. You will either mobilize as a unit, in which case you will follow the directions of your command, or you will mobilize as an individual and take your guidance from the [CONUS Replacement Center](#).

If you have contact with the unit or individual you are replacing, we recommend you continue to communicate with them as you prepare for deployment. For PCS personnel, the process is fairly standardized.

The following chart will help provide a reference for key stages in the deployment process.





Army Sponsorship Program Total Army Sponsorship Program (TASP) is a Commander's Program designed to enhance resiliency among Soldiers and Family members, and to ensure you receive the services needed to transition successfully in and out of Commands. When you PCS, completing the DA Form 5434, Nov 2011; Sponsorship Program Counseling and Information Sheet is a mandatory requirement (E1-O6) IAW AR 600-8-8 & HQDA EXORD 018-12. Visit: <https://actnow.army.mil>

Online Training

To make your transition into Kuwait easier, we highly recommend completing the following online training modules prior to arriving in Kuwait.

- JKO – Search for Kuwait Culture Awareness. This course is required prior to participating in any MWR sponsored tours.
- The DOD Cyber Awareness Training is found at <https://ia.signal.army.mil/>. This training must be current in order to set up your computer accounts.

If you are deploying through the CONUS Replacement Center at Fort Bliss, please see the link below for a list of other training to complete before your arrival at Fort Bliss.

http://www.bliss.army.mil/CRC/mil_daciv_dep_ACO.html

Recommended Items to Bring

Kuwait is a very modern country where almost anything can be found. However, it may take a lot of searching to find certain items, and others may be expensive. Listed by category are exceptionally expensive and/or hard to find items you may want to purchase and ship in your UB or HHG.

Household Items:

- Pots, pans, dishes, silverware, etc.
 - PCS quarters have a small kitchen
- Linens and towels
 - comforters, blankets and bed spreads
- Personal electronics or small appliances
 - *see Housing Section for a list of prohibited items
- US Cellular Phone
 - you can purchase a Kuwaiti SIM Chip that works in unlocked phone

If you bring small appliances or electronics to Kuwait, try to obtain items that are dual voltage or operate on 240 volts, 50/60 hertz. The dual hertz (cycles) rating allows you to operate items on provided step-down transformers without damage.



For those appliances that have motors rated at 60 hertz, operating the unit on Kuwait power will cause the motor to run slower. This also means that any device with an internal battery will not charge properly if it is rated at only 60 hertz. Modern electronic items manufactured for the U.S. market that are rated 110/220 volts, 50/60 cycles, will work fine in Kuwait.

Standard U.S. television sets will not receive Middle East stations, but can be used in conjunction with

a DVD player since Camp Arifjan video rentals are U.S. standard, not PAL. Computers and portable telephones should be used in conjunction with a good surge protector as there are power fluctuations due to the extreme heat, particularly when operating devices rated at 120 volts and 50-60 cycles which are operated on the 220 to 120 volt step-down transformers.

Personal Health and Hygiene Items:

- Prescriptions (Camp Arifjan have limited pharmacies)
- Cosmetics and make-up (available, but not



competitive with U.S. prices)

- Acne/problem skin scrubs and special soaps (available, but expensive)
- First aid kit
- Hair care products, especially preferred brands
- Contact lens products

Miscellaneous:

- Shoes: Dress and casual
- Casual Clothing (plain nonmilitary logoed for off camp activities)
- Dress Clothing (for possible higher class activities)
- Swim Wear (conservative, one piece)
- Coat/Jacket – Winter temperatures can be surprisingly cold with wind chills
- ASU Uniform required for PCS and recommended for TCS
- Sports Clothing

Section 3: Travel to Kuwait

Travel to Kuwait

The most common mode of travel to Kuwait for PCS, TCS, TDY soldiers and Department of Defense (DoD) Civilians is by Military Contracted Civilian Flights called Rotator Flights. Outbound travel offices will direct the appropriate mode of travel per Defense Travel Regulation (DTR). Commercial travel to Kuwait City International Airport (KCIA) is directed for accompanied personnel due to Kuwaiti customs requirements and should be reflected on travel orders. Command sponsored family members are authorized to remain overnight at one stop while in transit to Kuwait in accordance with Joint Federal Travel Regulations (JFTR). Travel in civilian clothing is required when utilizing commercial flights.

Entry into Kuwait

Active duty soldiers and DoD Civilians arriving in Kuwait are not required to have a passport and can enter on their Military Identification Card; however, it is recommended that personnel obtain a blue colored tourist passport. Maroon colored official passports are required for all accompanied personnel and their dependents that are assigned to Kuwait and command sponsored by ASG-KU. Ensure this is authorized



in your travel orders. Due to lengthy processing times for passports (up to 30-days), the passport processing should start as soon as official notification of assignment is received. All accompanying family members are required to have a DoD Identification Card to include dependents under age 10. Upon arriving at Kuwait International Airport (KCIA), dependents will use their passports to obtain an entry stamp. Ensure all sponsored family members are listed on orders with dates of birth. You will be required to present these orders to Host Nation immigration officials.

Upon Arrival

When you arrive on the rotator you will be transported via bus to the Camp Arifjan Gateway. The Gateway will scan your CAC Card into country, stamp your orders which allows you to eat in the DFACs for the first 48 hours, and provide you an initial in-brief to Kuwait. Once the Gateway has released you your sponsor or unit will help get you settled and start inprocessing. It is important to let your sponsor know your itinerary so they are available to pick you up.



Household Goods/Unaccompanied Baggage (HHG/UB)

Shipment of your personal equipment/items is dependent on your status while in Kuwait. The categories are: TCS, TDY, PCS (not command sponsored), and PCS (command sponsored).

TCS and TDY

- You will hand carry all of your personal equipment/items on your flight.
- You are not authorized shipment of Household Goods (HHG) or Unaccompanied Baggage (UB).

PCS not command sponsored

- You are authorized to ship unaccompanied baggage based upon your rank.
- The UB weight allowance for unaccompanied enlisted personnel is 500 pounds; officers up to the grade of LTC is 600 pounds; COL and above is 1000 pounds; and civilian personnel is 350 pounds.
- Service members are authorized to ship **UB items only – no furniture.**

PCS command sponsored

***ALL AUTHORIZATIONS MUST BE LISTED ON YOUR ORDERS**

- You are authorized to ship both Unaccompanied Baggage as well as a reduced HHG shipment.
- UB is as stated above plus each dependent over the age of 12 of military members are allowed 350 pounds, and each child under 12 years of age is allowed 175 pounds.
- Service Members are authorized to ship **UB items only – no furniture.**

Shipping Prohibitions

The most common mode of travel to Kuwait for PCS, TCS, TDY soldiers and Department of Defense (DoD) Civilians is by Military Contracted Civilian Flights called Rotator Flights. Outbound travel offices will direct the appropriate mode of travel per Defense Travel Regulation (DTR). Commercial travel to Kuwait City International Airport (KCIA) is directed for accompanied personnel due to Kuwaiti customs requirements and should be reflected on travel orders. Command sponsored family members are authorized to remain overnight at one stop while in transit to Kuwait in accordance with Joint Federal Travel Regulations (JFTR). Travel in civilian clothing is required when utilizing commercial flights.

Section 4: Housing

Housing is dependent upon your status here in Kuwait. Housing is one of our most difficult challenges in Kuwait. We appreciate your patience's and rest assured we are working hard to house everyone in the best accommodations possible.

In general, SMs are housed as follows. TCS and TDY SMs are housed in Contingency Housing (CH). PCS unaccompanied SMs are housed according to their unit, rank and position. Not all PCS SMs are housed in (UPH) which is Kuwaiti funded. Due to UPH housing being funded by the Kuwaiti government, there are only four units that are allowed to house PCS Soldier in UPH housing. The order of precedence for housing PCS SMs in UPH is covered in the Housing SOP. PCS Command Sponsored and DoD Civilians are housed in Kuwait in either an apartment or villa off post. Each type of housing is described in greater detail below or in the Family or DoD Civilian Annex.

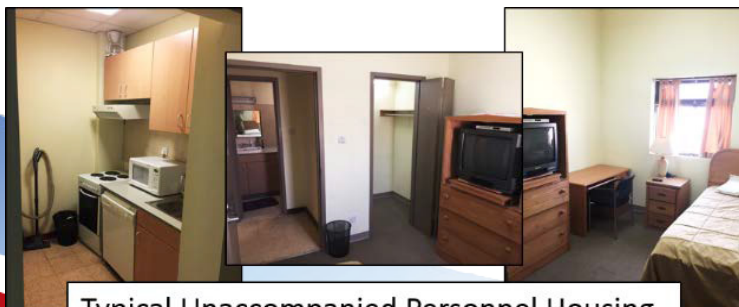
Camp Arifjan

SMs staying in the PCB's do not need to report to BLDG 149, I-Bay. All others must check - in at the I-Bay to receive keys for their quarters in: RLBS, PODs and CHUs in Zone 6. SMs may have to reside in I-bay until availability allows.

The Housing OIC, will maintain a Housing SOP specific to each camp that details how housing is allocated within that camp. It is strongly recommended that you reach out to the camp housing office for location specific guidance for the camp that you will be on.

Billeting requests will be submitted through unit housing POCs to the Camp Housing Office along with assignment orders to Kuwait. Ensure that your POC is tracking your movement and arrival dates. The earlier the better.

Note: If your orders have not been cut the Installation/Camp Housing Office may accept a memorandum for record in lieu of orders from the first 0-5 in the individual's chain-of-command (or sponsoring unit's chain of command) on a case- by-case basis.



Typical Unaccompanied Personnel Housing

The Camp Housing Office will maintain a housing waiting list for each category of housing of personnel. This housing list will be prioritized consistently with priorities established in AR 420-1. Incoming personnel will be placed on a waiting list for the appropriate billeting after their arrival

Housing cont.

Types of Housing on the camps fall into one of two categories. Unaccompanied Personnel Housing (UPH). Housing constructed to a permanent standard. Not all installations within the ASG-KU footprint have UPH. The second category is Contingency Housing (CH) which is constructed to a semi-permanent or temporary standard, including Trailers, Containerized Housing Units (CHUs), Personnel Occupancy Dwellings (PODs), Relocatable Buildings (RLBs), Pre-fabricated Concrete Buildings (PCBs), and Tents.



Entitlements to various housing and billeting facilities are based upon the following criteria (listed in order of consideration): Flag Officers/SES personnel, orders type, duration of assignment, rank, and assigned unit footprints. Within each priority category, tenants are assigned housing based on a first-come, first-serve basis. The eligibility date for placement on a waiting list or assignment to housing will be no later than 30 days after reporting to in Kuwait.

In addition rooms and housing units will be assigned so that the difference between roommate's ranks is no more than one grade. Personnel on the Housing Office waiting list may be placed before personnel

with higher priority housing entitlements. Those civilian government employees who are not eligible for off- post housing will be housed on post according to their rank-equivalent entitlement per Table 3-3, AR 420-1. The Housing SOP for the respective camps details which specific housing facilities are provided in each category of personnel.

- Unaccompanied Personnel Housing (UPH) and Permanent Facilities: Only Flag Officers/SES Personnel and PCS according to their unit assignment are entitled to UPH or permanent facilities. If no UPH housing exists, individuals otherwise entitled to UPH will be housed in the contingency housing which most closely approximates UPH. After date of request and special considerations, PCS personnel are assigned billeting according to rank and unit of assignment.
- Contingency Housing: Personnel not entitled to UPH housing will be assigned contingency housing per the applicable camp SOP.
- Temporary Transient Housing. Other than the I-bay (Bldg.149), these facilities generally consist of open bay PCBs.
- Temporary Lodging for DoD Personnel waiting for off-post housing. The ASG-KU Commander may designate housing to accommodate DoD Personnel who are entitled to Off-Post housing until off-post units are available.
- Special MOS Regulatory Requirements. The ASG-KU Commander may designate housing units for use by specific MOS or job as dictated by regulation.

Prohibited Items

The following are prohibited in quarters:

- (1) Smoking
- (2) Burning of candles or incense
- (3) Cooking using open flame or heating devices (hot plate, dip-coil, etc.)
- (4) Plug in heaters
- (5) Connecting multiple power strips (daisy-chaining)
- (6) Any type of animal, pet, or plant
- (7) Removal of government furniture from the rooms, billeted area
- (8) Taking apart or altering any government furniture



Authorized Items

Suggested Items to bring (many items are available to purchase at the PX):

- (1) Linens (sheets, blanket, towels,...)
- (2) Mattress pad
- (3) Electrical Adapters
- (4) Quality Power Strips
- (5) Shower Caddy (bathroom may not be in building)
- (6) Command Strips
- (7) Hangers

*Many organizational items can be purchase second hand from re-deploying SMs.

* PCS Accompanied and DoD Personnel assigned to off-post housing please see the Family or DoD Civilian Annexes for prohibited items lists.



Section 5: Medical Services

US Army Health Clinic-Kuwait (USAHC-K)

USAHC-K is the primary care provider for Soldiers and DA Civilians on Camp Arifjan. The US Military Hospital-Kuwait (USMH-K) provides pharmacy support and laboratory. It is recommended that you bring a six month supply of regularly prescribed medication with you. Check with your sponsor to ensure you can readily refill a prescription; only medications already on the CENTCOM-approved formulary will be available at the USMH-K pharmacy. Do not pack medication with your HHG, as heat in transit can diminish the effectiveness of the medicine. Medical Evacuation Depending on the nature of the medical problem, individuals may be sent to U.S. military medical facilities in Europe for treatment.



CBKU Troop Medical Clinic

CBKU TMC at Camp Buehring is the primary care provider on Camp Buehring. The TMC provides pharmacy support. It is recommended that you bring a six-month supply of regularly prescribed medication with you. Check with your sponsor to ensure you can readily refill a prescription; only medications already on the CENTCOM-approved formulary will be available at the CBKU TMC/USMH-K pharmacy. Do not pack medication with your HHG, as the heat in transit can diminish the effectiveness of the medicine.



Dental Services

Camp Arifjan

Camp Arifjan has a six chair dental facility which opened in October 2005. Limited basic dental care i.e., exams, fillings, simple root canals, extractions, and emergency treatment is available to active duty military personnel.

LOCATION/HOURS

The clinic is located directly behind the medical clinic in Bldg. 169. The clinic is open Mon-Fri from 0800 to 1600 hours. Sick call hours are from 0730 to 0800 Monday Through Friday. The clinic is closed Saturday and Sunday.

For treatment of dental emergencies during non-duty hours please report to the Hospital Emergency Room. There is always a dentist on call after duty hours. The appointment desk for the Camp Arifjan Dental Clinic can be reached at DSN 430-1691.

Camp Buehring

Camp Buehring has a four chair dental facility which is staffed with three general dentists and ancillary personnel. Limited basic dental care i.e., exams, cleanings, fillings, simple root canals, extractions, and emergency treatment is available to all with priority of care given to PCS'd active duty military personnel.

LOCATION/HOURS

The clinic is located next to the GRIT Clinic at bldg. 2021. The clinic is open Mon-Fri from 0730 to 1630 hours. Sick call hours are from 0730 to 0900 Monday Through Saturday.

The clinic is closed on Sundays. For treatment of dental emergencies during non-duty hours please report to the CBKU TMC Urgent Care Clinic. There is always a dentist on call after duty hours. The appointment desk for the Camp Buehring Dental Clinic can be reached at DSN 318-438-3405.

Specialty care not available at the clinic can be obtained, on a case by case basis, by referral from the ASG-KU Dental Surgeon for Soldiers on PCS/TCS orders, and GS employees assigned to ASG-Kuwait.

Camp Arifjan

USMHC-K

Zone 1 Bldg 179

DSN: 430-5369

Hours of Operation:

0745 – 1600 Monday

0745 – 1600 Tuesday

0800- 1100 Wednesday

0745 – 1600 Thursday

0745 – 1600 Friday

Dental Clinic

Zone 1 Bldg 169

DSN: 430-1691

0800 – 1600 Monday

0800 – 1600 Tuesday

0800 – 1600 Wednesday

0800 – 1600 Thursday

0800 – 1600 Friday

Camp Buehring

Medical Clinic

Bldg. 112

DSN: 438-2800

0745 – 1630 Monday

0745 – 1630 Tuesday

0745 – 1630 Wednesday

0745 – 1630 Thursday

0745 – 1630 Friday

Dental Clinic

T 2021

DSN: 438-3405

0730 – 1630 Monday

0730 – 1630 Tuesday

0730 – 1630 Wednesday

0730 – 1630 Thursday

0730 – 1630 Friday

USMHC- K Service Schedule

Sick Call Screening: Monday - Friday 0745-0800

Sick Call Appts: Monday - Friday 0800-0900

Appointments: Mon, Tues, Thurs, Fri 0900-1600 Wed 0900 - 1100

In-Processing: Mon, Tues, Thurs, Fri 0900-1600 Wed 0900 - 1100

Immunizations: Mon, Tues, Thurs, Fri 1400-1500

Pharmacy: Monday - Friday 0800-1700 Sat 0800 - 1200

Emergencies: Monday - Friday 24/7 at TMC

Hearing: Mon, Tues, Thurs, Fri 0900-1100

Optometry: Mon, Tues, Thurs, Fri 0800-1500 Wed 0900 - 1100

Camp Arfjan Dental Clinic Schedule

Sick Call: Monday - Friday 0730-0800

In-Processing: Monday - Friday 0800-1530

CBKU Medical Service Schedule

Sick Call: Monday - Friday 0745 - 0845

Appointments: Mon, Tues, Thurs, Fri 0900-1500 Wed 0900-1100

Emergencies: 24/7 at TMC urgent care

Medical Records

In-Processing: Mon, Tues, Thurs, Fri 0900-1500

Immunizations: Monday 1530-1630

Pharmacy: Monday - Friday 0800-1700

*CLOSED SAT – SUN (Emergency Only)

CBKU Dental Clinic Schedule

Sick Call: Mon - Saturday 0730-0900

In-Processing: Mon - Fri 0800-1630



Veterinary Services

The Camp Arifjan Veterinary Treatment Facility (VTF) provides routine and emergency health care for all Military Working Dogs at Camp Arifjan and surrounding locations. Through a combined effort with installation command and Host Nation animal shelters, the VTF provides preventative health care to the stray dog and cat population on Camp Arifjan.

LOCATION: Zone 1 BLDG 323

Contact Information

VTC OIC: DSN:430-3225

VTF NCOIC: DSN: 318-430-3222

HOURS OF OPERATION: M-F 0900-1600

Section 6: Installation Services



AAFES & Shoppettes

Camp Arifjan

[Kuwait-Camp Arifjan Zone 1](#)

Hours of Operation: Mon-Sat 0800-2300

DSN: 430-1357

[Kuwait-Camp Arifjan Zone 6](#)

Hours of Operation: Mon-Sat 0800-2200

DSN: 430-7501

[Braids And More](#)

Hours of Operation: Mon-Sat

DSN: 430-1357

[Barbershop](#)

Hours of Operation: Mon-Sat

DSN:

Camp Buehring

[Kuwait-Camp Buehring](#)

Hours of Operation : Mon-Sat

DSN: 438-2460



ASG-Kuwait Chapel Services

Camp Arifjan and Camp Buehring Chaplains and assistants are available for counseling and offer help for all persons regardless of religious affiliation or belief.

Chaplains provide important rites, instruction and spiritual insight for those who seek it in their faith communities.

Religious services provided are:

- Roman Catholic; Protestant, Traditional
- Gospel
- Eastern Orthodox
- Latter Day Saints
- SDA
- Episcopal/Lutheran
- Jewish Prayer Service
- Islam Jumu'ah.

Other services available:

Bible Study, Fellowships and Choirs as well as special services and events.

Contact information:

Zone 1 Chapel
Camp Buehring

DSN 430-1364
DSN 824-0321



Soldier Support Center

One convenient location providing essential resources for Soldiers and service members.

Located at Camp Arifjan's Bldg 144

Equal Opportunity: The Military Equal Opportunity Program formulates, directs, and sustains a comprehensive effort to maximize human potential and to ensure fair treatment for all Soldiers based solely on merit, performance, and potential in support of readiness.

DSN: 318-480-2875

Mobile/WhatsApp/Signal: +965-9722-4989

Active Duty Career Counselor Reserve Component Career Counselor: The Camp Arifjan Retention Office (Supports all USARCENT Area of Operations)

Email: usarmy.arifjan.asg-kuwait.list.retention-org-list@mail.mil

DSN: 318-480-2824/480-4962

Mobile/WhatsApp/Signal: +965-9726-16

CAC/DEERS: Appointments can be made over the phone. Walk-ins are welcome.

DSN: 318-480-6467

Special Victim Advocate: The mission and vision of the SVC program is entirely client-based; meaning SVCs provide competent and zealous representation of all clients, with their interests and rights being second to no one. Available on 24/7 via phone or mobile.

DSN: 318-480-2636/480-3510

WhatsApp: +965-9409-5325

Legal Assistance: Provides preventive law information and resolves personal legal problems to alleviate the burden of full payment for legal services for service members

DSN: 318-480-5258

Sexual Harassment/Assault Response and Prevention

DSN: 318-480-2340 / 3418-430-7490

DoD 24/7 Hotline: 877-995-5247

Camp Arifjan 24/7 hotline: +965-9983-9742



Dining Facilities

There are three Dining Facilities (DFAC) on Camp Arifjan. There is one main Dining Facility and a feeding tent on Camp Buehring. If you are permanent party and in the grade of E7 and above you will pay for your meals in the DFAC. The only form of currency accepted at the DFACs is the Eagle Cash Card. We recommend you acquire an Eagle Cash Card prior to arriving in Kuwait.

Camp Arifjan

Zone 1 - Dine In/Take Out

Breakfast: 0500-0800

Lunch: 1100-1330

Dinner: 1700-2000

Zone 2 - Dine In/Take Out

Breakfast: 0530-0830

Lunch: 1130-1400

Dinner: 1700-2000

Midnight Chow: 2330-0100

Sunday Brunch: 0800 - 1300

Zone 6 - Dine In/Take Out

Breakfast: 0500 - 0800

Lunch: 1130 - 1330

Dinner: 1700-2000

Midnight Chow: 2330-0100

Camp Buehring

Main Dine In/Take Out

Breakfast: 0500-0800

Lunch: 1100-1330

Dinner: 1700-2000



Moral, Welfare, and Recreation (MWR)

ASG-KU Morale, Welfare and Recreation (MWR) is dedicated to improving morale & welfare by providing quality recreation and entertainment opportunities to installation personnel. MWR facilities available to meet the needs of assigned personnel include Fitness Centers, Cross Training Facilities, Recreation Centers, Internet Cafes with CAC Readers and Printers, Movie Theaters and Video Checkout, Gaming Area, Library, Swimming Pool,

Outdoor Sports Fields and Equipment and Bike Checkout Facilities. We offer a variety of events and programming year round, including seasonal sports leagues and tournaments, recreation and fitness competitions, AFE/USO entertainment and an active Marketing & Media program.

MWR Tours and Travel

Local Tours to cultural, shopping and recreation destinations. Such as:

War Museum, Art Gallery, Scientific Center, Aquarium, Tareq Rajab Museum, National Museum, Kuwait Holy Family Church, Americani Cultural Center, Kuwait Zoo, Maritime Museum, Vintage & Classic Cars Museum, Grand Mosque, Kuwait Towers, Radisson Blu, Arabella Restaurant Complex, Mais Alghanim, Burj Al Hammam Crowne Plaza, Spoons Restaurant Complex, The Village, The Miral Food

*Arifjan & Buehring MWR Tours Offices: Sat-Thurs 0800-1700

MWR Warehouse

Outdoor recreation equipment checkout for Football, Softball, and Volleyball. Bicycle (MWR Bike Program) with Light set and Bike locks
Ceremonial/Protocol: State flags, General Officer flags, Podium and Red Carpet
Board games: Checkers, Dominoes, Uno, Scrabble and more
Miscellaneous: Folding Tables and Chairs, Barbecue Grills, Tablecloths, Water Coolers, Baggos, Dunk Tanks, Public Address System (PA), Race Clocks and Projectors

Camp Arifjan

CONTACT INFORMATION	DSN
MWR OIC:	430-2921
NAF Manager:	430-2481
Recreation Center	430-1205
Fitness Center	430-1302
Fitness Center Annex	430-4607
Swimming Pool	430-1300
Marketing & Media	430-1201
Warehouse	430-2139
Tours	430-1223
Library	430-1200

Camp Buehring

CONTACT INFORMATION	DSN
MRW Supervisor Sport & Fitness:	+965-6930-5765
Recreation Lead	438-3202
Warehouse Sup.	438-2721
MWR Tour Coord.	430-1223
DIS MWR Coord.	824-0391

Red Cross - Camp Arifjan

We are here to provide assistance with Emergency Communication Messages 24/7 for Camp Arifjan as well as the surrounding Camps/bases in the Middle East. This service is available to all US Service members, DOD Civilians and Contractors. The Red Cross also provides volunteer opportunities to include partnering with other on base organizations.



Resilience Center (open 24 hours a day)

Programs include Special Holiday Events, Dance

Nights, Language classes, Card Games and more. Facilities offer free Wi-Fi, snacks, TV lounge/areas, Video Gaming, Video and book Checkout and Self-Directed leisure space.

American Red Cross Camp Arifjan

American Red Cross is located in Zone 1, Bldg T-134.

DSN: 318-430-4444/5 or via Facebook at [ArifjanRedCross](#).

Red Cross - Camp Buehring



American Red Cross Camp Buehring operates a Resiliency Center that includes – computer lab, rest lounge and video checkout

Located at Building T-4005

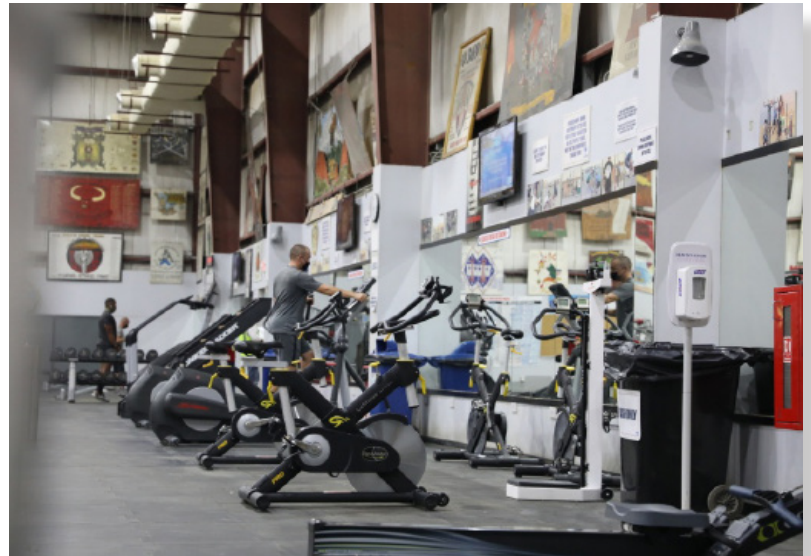
DSN: 318-824-2092 or via Facebook at [ARCBuehring](#)

Camp Arifjan Gyms

FITNESS CENTERS (open 23 hours a day, closed 1 hour for deep cleaning) Weight Training and Cardiovascular area, Functional Fitness Training Facility, Fitness Classes, Personal Trainers available and more.

ZONE 6 FITNESS CENTER

Weight Training Area with Free Weights and state of the art fitness equipment, Cardiovascular Area with Treadmills, Cross Trainers, Step Machines, Row Machines, Spin Bikes, and Vera Climbers. Outdoor Tennis, Basketball, Volleyball Courts & Horseshoe Pit. Sports Equipment Checkout.



CROSS TRAINING FACILITY (CACTF)

State of the Art Wrestling Mats used for MACP Level 1-4 and Brazilian Jiu Jitsu Classes.

Over 1,000 square feet of open floor space for Functional Fitness Classes and more. State of the Art Rogue Fitness Equipment, including a 50-foot pull-up rig, Concept 2 Rowing machines, Olympic barbells, 2,500lbs of Hi-Temp bumper plates, Alder kettle bells, gymnastics rings and mats, and lifting platforms. Level 1 Certified Instructors on Staff, skilled in teaching all modalities of fitness, including: Olympic Lifting, Mobility, Gymnastics, Rowing, Kettlebells and Powerlifting. Boot Camp and Dance Fitness Classes.

ZONE 1 FITNESS CENTER

Basketball & Racquetball Courts. Weight Training Area with Free Weights and Selectorized Resistance Circuit Machines. 2 Cardiovascular Areas with Treadmills, Stationary Bikes, Cross Trainers, Step & Rowing Machines. Sports Equipment Checkout. Personal Trainers on Staff, Men's & Women's Locker Rooms with Sauna and Weekly Fitness Classes



ZONE 1 FITNESS CENTER ANNEX

Weight Training Area with Free Weights and Hammer Strength Machines.

Cardiovascular Area with Treadmills, Stationary Bikes, Cross Trainers, Rowing Machines and Treadwall.

Camp Buehring Gyms

FITNESS CENTERS (open 23 hours a day, closed 1 hour for deep cleaning)

Weight Training and Cardiovascular area, Functional Fitness Training Facility, Fitness Classes, Personal Trainers available and more.

ZONE 4 FITNESS CENTER (CACTF)

State of the Art Wrestling Mats used for

MACP Level 1-4. Over 1,000 square feet of open floor space for Functional Fitness Classes and more. State of the Art Rogue Fitness Equipment, including a 50-foot pull-up rig, Concept 2 Rowing machines, Olympic barbells, 2,500lbs of Hi-Temp bumper plates, Alder kettle bells, gymnastics rings and mats, and lifting platforms. Level 1 Certified Instructors on Staff, skilled in teaching all modalities of fitness, including: Olympic Lifting, Mobility, Gymnastics, Rowing, Kettlebells and Powerlifting. Boot Camp and Dance Fitness Classes.

ZONE 4 FITNESS CENTER

AEROBICS FACILITY

Weight Training Area with Free Weights and and Spin Bikes. Boxing ring and padded space for Aerobics and Combat Training.



Outdoor Recreation Facilities



Camp Arifjan

Zone 1

- Outdoor Lap Swimming Pool
- Sand Volleyball Court
- Tennis Court
- Softball Field
- Turf PT field
- 400m Track/PT Field

Zone 6

- Sand Volleyball
- Basketball Court
- Tennis Court
- Outdoor 800m Track
- Softball Field

Camp Buehring

Zone 4

- Basketball Courts
- Racquetball Courts
- Outdoor Track
- Outdoor PT Field



Community Center

CAMP ARIFJAN COMMUNITY CENTER (open 24 hours a day)

Programs include Special Holiday Events, Dance Nights, Weekly Tournaments, Bingo, Texas Hold'em, Karaoke, Card Games and more. Facilities offer free Wi-Fi, Pool, Ping Pong, Darts, TV lounge/areas, Video Gaming, Video Checkout and Self-Directed leisure space.

Camp Arifjan ZONE 1 LIBRARY

Free Internet Access and over 20,000 items available for checkout, audio books on CD, MWR Events Photo CDs and Video DVDs, Language Audio CDs, Music Reference Materials, Periodicals, Free Paperbacks and playaways.

Internet Cafés

CAC Readers and printing capability.

Open daily0800 - 2200





Education Center

Camp Arifjan Education Center

The Camp Arifjan Education Center provides both face-to-face and online college and university level classes from three schools located on Camp Arifjan, Kuwait: Embry-Riddle Aeronautical University, University of Maryland University College and Central Texas College.

Collegiate courses in military leadership are offered for free, which provide 1 college level credit.



ASG - Kuwait Army Education Center

While we do not have a representative on-site, we can assist you via the UMGC Virtual Office.

Our Virtual Office hours are Sunday - Thursday, 0800-1700.

24/7 Help Center

Any time day or night, you can visit www.umgc.edu/help to search for an answer, request assistance, or chat live. Help is also available 24/7 by calling +1-855-655-8682.

Ways to get in touch with us:

E-mail: arifjan-europe@umgc.edu

Visit: facebook.com/UMGCMidEastAfrica

Virtual office hours:

Sunday - Thursday, 0800-1700

Connect using Zoom

<https://umgc.zoom.us/j/93707150517>

To reach an advisor:

E-mail: advisingdownrange-europe@umgc.edu
(A Zoom link will be provided via e-mail)

europe.umgc.edu



Additionally, the Functional Academic Skills Training program is offered, which teaches English grammar, reading comprehension, and mathematics necessary to improve service members' GT scores.

Test proctoring for students needing to take college class exams and military personal needing to take the Pre- and Post-TABE, GT Predictor, AFCT, DLPT, DLAB and SIFT among others.

Contacts

Education Center Director: 318-480-5745

Camp Arifjan Education Specialist: 318-480-0222

Camp Buehring Education Services Specialist: 318-824-0260

Visit us on Facebook : [Camp Arifjan Education Center](#)



USO Camp Arifjan & Camp Buehring


The USO strengthens America’s military service members by keeping them connected to family, home and country, throughout their service to the nation.


Camp Arifjan


Hours of Operation
Mon-Sun 1000-0200


Camp Buehring


Hours of Operation
Mon-Sun 1000-0200

 **Food & Beverages**
Beverages, Coffee & Tea, Snacks

 **Connectivity**
Phones, Wi-Fi

 **Multimedia & Gaming**
PS4, Wii U

 **Rest & Relaxation**
Air Conditioning, Board & Table Games

 **Travel Services & Gifts**
Local Information



Section 7: ASG-KU Directory

Camp Arifjan Directory

Section	Building	Hours	Phone Number
Personnel Services Section	Bldg 216	0830-1700 *Daily	430-2113/2462
HHC Mail Orderly Room	Bldg 144	0900-1130 Mon – Thurs. 1400-1600 Fri. *other times by appt.	430-1440/1153
Medical Clinic	Bldg 179	*See Medical Chart*	430-1798
Dental Clinic	Bldg 169	*See Medical Chart*	430-1691
Finance	Zone 1 PX		430-1340/3213
Housing Off Post/ On Post	South Surra	0730 – 1630 Saturday – Wednesday	968-8431 430-3112
CIF	Bldg 336	0800-1700 Saturday – Wednesday 0800 - 1445 Thursday	430-3226/3262
NBC	Bldg 333	0700-1700 Mon, Tues, Fri., Sat 0700 – 1400 Wednesday 0700 -1600 Thursday	430-3265
Arms Room	Bldg 530	24 – Hours	430-7070
Gym	Bldg 130	24- Hours	430-1302
Chapel	Bldg 148	0800-2100 *Daily	430-1364
S-6	Bldg 216	0900 – 1800 Mon, Wed - Friday 0830 – 1800 Tues – Thursday	430-2302 OIC 430-2591 NCOIC 430-2303

The Country code for commercial calls to Kuwait is 965 and 318 for DSN. Workdays are Monday through Saturday, and hours are normally 0900 to 1700 for American units and organizations. Kuwait is either seven or eight hours ahead of Eastern Time, depending on whether the United States is on Standard or Daylight Savings Time. The best medium for contact is usually email. If you are assigned to ASG-KU, please contact your enlisted/officer management branch or your sponsor for assistance on command sponsorship issues.

Camp Arifjan Operator
Civilian Personnel Office
DSN 318-430-1110
DSN 318-430-2439

Mailing address:
Unit
ATTN: Section
APO AE 09366

