# WELCOME TO QATAR! A RESOURCE GUIDE FOR FAMILIES AT CAMP AS SAYLIYAH



# **AREA SUPPORT GROUP-QATAR**



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### FOREWORD





Welcome to Area Support Group-Qatar (ASG-QA) and Camp As Sayliyah (CAS). Here in Qatar, we are a team of teams comprised of ready, resilient, and responsive Soldiers, Department of the Army Civilians, and contractors prepared to fight tonight and committed to supporting the defenders of peace across the U.S. Central Command (USCENTCOM) Area of Responsibility (AOR).

Our mission is to conduct mission command of CAS, CAS-South, Falcon 78, and assigned units and activities within the USCENTCOM AOR in order to support ongoing operations and enable U.S. Army Central partnerships and Joint, Reception, Staging, Onward Movement, and Integration. ASG-QA provides force protection, serves as the Base Operating Support Integrator, and exercises Title 10 responsibility to U.S. Army Forces in Qatar. We also partner with the U.S. Embassy, U.S. Air Force, and Qatari Armed Forces.

Again, welcome to ASG-QA. We look forward to your arrival and joining our team of teams.

Patton's Own - Third Always First!

CYNTHIA B. REED CSM, USA Command Sergeant Major ROBERT B. KUTH COL, IN Commanding

### DISCLAIMER

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### MUST KNOW ITEMS

#### CONCURRENT TRAVEL OF DEPENDENTS

Concurrent travel of dependents with the military member is not automatic and depends primarily on the availability of housing at the time of your report date. If concurrent travel is not authorized and the military member arrives ahead of the family, military members will reside in on-base quarter, and civilians will reside in leased quarters until quarters are issued to the residence by Housing.

#### **PASSPORTS AND VISAS**

Visas are no longer required for entry into Qatar. You must have an official (maroon) passport to apply for Qatar residency. Residency has to be established for you to eligible for some things such as internet, driver's license, and school enrollment. Applications for official, no fee (maroon) passports will be processed by your servicing passport agent at your local civilian personnel office (CPAC). This is typically a 6-8 week process; however, if you are within 120 days of your report date, you can request to expedite the processing of your passport applications.

You must have official passports to apply for Qatar residency. You may also want to obtain a regular tourist passport at your own expense for international touring purposes (apply at any post office). For more information on passports, please visit the DoD Passport Matters website at: https://passportmatters.hqda.pentagon.mil/index.aspx

#### **IMMIGRATION PROCEDURES**

Command sponsored (CSP) family members of US military personnel and DoD civilians may travel into the country via Hamad International Airport or the Al Udeid Air Base (AUAB) Passenger Terminal. Family member travel via military means in and out of CAS must be coordinated through either your local CAS Travel Office CSP.

Dependent children under the age of 10 are required to have an Identification card prior to departing the U.S for Qatar.

Updated information can be found at: https:// www.fcg.pentagon.mil/fcg.cfm NOTE: For initial entry into Qatar, CSP members will use their military CAC or dependent ID cards and their sponsor's PCS orders for immigration documentation. Once residency is established, all CSP members will use their Qatari IDs and passports as immigration documentation to enter (immigrate) and exit (emigrate) Qatar. Visas are NOT to be purchased. If a visa is accidentally purchased, please contact the Host Nation Coordina-tion Cell (HNCC) ASAP to help rectify the situa-tion as hefty fines can be levied if visas are not canceled in a timely manner. Updated information can be found at:

https://www.fcg.pentagon.mil/fcg.cfm

#### RESIDENCY

In order to live in Qatar, it is required that you and your family members obtain a residency permit, better known as a Qatar ID. The S9/ HNCC will assist you with this process upon your arrival.

#### **EMERGENCY CONTACTS**

If you encounter an emergency in transit or after arrival, call your sponsor. You may also call:

- BASE Defense Operations Center (BDOC) at International 011974-4460-9869 or DSN 318-432-2348 and identify any issues or concerns (24/7)
- For immigration matters, the Host Nation Coordination Cell (HNCC) at DSN 318-437-6107 (0900-1700 local) or Cell Phone 011-974-5551-0815 (after hours)
- US Embassy in Doha at commercial 11-974-4496-6000 (emergencies only)

#### MEDICAL

The Area Support Group Troop Medical Center (TMC) located on Camp As Sayliyah is a military medical treatment clinic designed primarily to care for deployed military members in an acute care setting, and is not staffed or equipped to provide routine or continuity of care for children or members with chronic conditions. Therefore, when considering an assignment to CAS, it is important to under-stand the majority of care for dependents, especially children 12 and under will be provided by an off-base provider utilizing the TRICARE overseas program administered by International SOS.

### MUST KNOW ITEMS

A high western-standard of medical care exists in Doha and English is spoken widely in the medical community. There are some cultural differences you may experience when accessing healthcare in Doha such as separate waiting rooms for men and women; however, overall the experience is similar to what you would experience in the United States. In addition, many medical facilities in Doha are accredited by international healthcare accrediting agencies such as the Joint Commission International and the Australian Council on Healthcare Standards International. NOTE: All families must be cleared via the overseas clearance process in order to PCS to CAS. This overseas clearance is accomplished by your home station Military Treatment Facility.

If you have additional questions on the availability of healthcare, or have any healthcare questions prior to arrival, please do not hesitate to contact us at DSN 318-432-3508/3506.

#### HOUSING

This welcome packet and the housing brochure from the housing office will help you understand the policies, guidelines and standards for living in the local community. Most importantly, it will help make your stay as comfortable, safe and pleasant as possible. We urge you to read these materials thoroughly.

#### DRIVER'S LICENSE

After receiving your Qatar ID also known as your residency permit, Qatar requires you and your family members to obtain a Qatar Driver's License (QDL) for off-base driving. Prior to receiving your QDL, only DoD civilians and military members may operate government leased vehicles with a valid, non-expired US driver's license with picture. CSP dependents will need an international driver's license (IDL) to lease and/or drive a personal vehicle while awaiting their QDL. You can only drive a rental car in Qatar for 6 months using an IDL. Several companies offer IDLs (e.g. AAA) and it is recommended that you and your dependents purchase an IDL prior to arrival in Qatar. The IDL becomes null and void once a Qatar Residency card has been issued.

If your US driver's license will expire during your tour in Qatar, renew it before you leave the US. You should also ensure that the word "temporary" does not appear on your US license. Additionally, your driver's license must include a picture. Individual states may automatically extend a license for active duty military, but the State of Qatar will not recognize a driver's license beyond its expiration date or without a picture.

If you are unable to obtain an IDL prior to your departure for Qatar, you can obtain a temporary QDL for a fee. However, you cannot obtain a temporary QDL if you have already applied for residency.

#### **US EMBASSY SUPPORT**

US consular officers at the US Embassy in Qatar assist Americans who encounter serious legal, medical, or financial difficulties. They can also provide information about dangerous conditions affecting your overseas travel or residence. One way to receive information from the US Embassy is through the Smart Traveler Enrollment Program (STEP), which is a free service provided by the US Government to US citizens who are traveling to or living in a foreign country. Americans living in Qatar who enroll in this online service will receive routine information from the US Embassy in Qatar. To enroll in STEP:

#### 1. Visit https://step.state.gov/step/

2. Click "Create an Account," follows instructions.

3. Once you have created an account, you can register with a specific US Embassy or Consulate by clicking on the "Add Overseas Residence" button.

#### **SPONSORS**

Prior to arriving, you will be assigned a sponsor from your gaining unit who will help answer any questions that arise as you prepare for this assignment, and also assist you with transition actions after your arrival. If you do not have a sponsor within 30 days of your report date, please contact the Command Sponsorship Program Manager by email at nina.e.wolf.mil@mail.mil or call DSN: 318-432-2811.

# LOCAL COMMUNITY

### **OTHER RESOURCES**

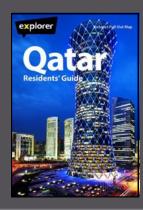
For updated information about living in Qatar including healthcare, transportation, city maps, where to shop and eat, how to dress, sight seeing, leisure activities, banking, and more, check out the following:

"MARHABA" is available online: https://www.marhaba.qa/

Or in Doha bookstores, major supermarkets and hotels.



"QATAR RESIDENT'S GUIDE" is available online.



#### CURRENCY

Qatar's monetary unit is the Qatari riyal (QR), which is divided into 100 dirhams. Banknote denominations include QR1, QR5, QR10, QR50, QR100, and QR500. Coins most commonly found are 25 and 50 dirhams.

#### VETERINARIANS AND PET BOARDING

Veterinary services are limited, but the standard of care is high. As there are no official pet sitter or dog walking services in Qatar, most residents get neighbors to look after animals for short periods or house them in a boarding facility during longer periods. Demand for pet boarding is high; it is recommended you book well in advance.

As of June 2011, the Qatar Ministry of Environment requires that any pet arriving in Qatar, not already registered with them, must be presented for registration within 48 hours of arrival, have its microchip scanned, original vaccination history reviewed, and all supporting documents collected. In addition, all pets leaving Qatar must be microchipped.

#### AIRPORT

Hamad International Airport is located at the southern end of the Corniche waterfront area. It is home to Qatar Airways and several other airlines.

#### https://dohahamadairport.com

Airport Security: 4410-9555 Customs: 4457-7457 Immigration and Passport Control: 4465-6490

#### **TRANSPORTATION**

It is the member's responsibility to procure personal transportation. Several options exist in this regard.

- You are authorized to ship **one** privately owned vehicle (POV); however, Qatar does not allow the import of vehicles that are more than 5 years old.
  - ⇒ Read the POV SHIPMENT article under the "Relocation Matters" section of this guide
- You may choose to lease a vehicle. Local leases range in price depending on the type of vehicle you choose.

### LOCAL COMMUNITY



- You can also purchase a car in Qatar once your residency is approved. There are both new and used cars available in the local market. Although some US banks will not provide auto loans for vehicles purchased in Qatar, you may be able to secure a personal loan.
- Professional taxi services are available, but you may experience extended wait times or delayed response during peak travel hours due to high demand. For this reason, most residents drive their own vehicles or hire a personal driver or local driving service.

Concierge service desks at your respective housing compounds maintain a list of local drivers for hire.

#### **COMMUNITY INVOLVEMENT**

Here are some of the popular groups you will find in Doha.

AMERICAN WOMEN'S ASSOCIATION (AWA) OF QATAR. AWA meets monthly to share experiences, make acquaintances, provide a resource for those new to Qatar and learn more about local culture. Membership is open to any woman resident of Qatar who is a citizen of the U.S. or whose spouse is a citizen of the Americas. More information can be found at http://awaqatar.com.

**DOHA BAY RUNNING CLUB.** This is a group of mainly European expatriates who meet socially and for distance running and swimming. Go to www.dohabayrunningclub.com.

DOHA GARDEN CLUB. The club promotes good gardening practices through the correct usage of appropriate plants and plant materials sensitive to the local environment. Go to www.dohagardenclub.com. **DOHA MUMS.** Formed in November 2008, Doha Mums (formerly Doha Expat Mums and Kids) is a community of over 1,400 passionate mothers who come together to celebrate all things family. Go to www.dohamums.com.

QATAR PROFESSIONAL WOMEN'S NETWORK (QPWN). An informal networking group for Qatari and expatriate professional women. Open to any woman regardless of nationality, profession, age, or educational background. Women who are currently not working outside the home and want to maintain their professional network and skills are also welcome. Go to www.qpwn.org or email info@qpwn.org.

TUESDAY LADIES GROUP (TLG). Formed in February 1976 as the British Ladies Coffee morn-ing. TLG has become an international ladies group with over 40 nationalities represented. The group welcomes those new to Doha, shares information and advice about living here, provides activities to join, and supports each other during your time in Qatar. Go to www.tlgdoha.com.

#### **CHILDREN'S ACTIVITIES**

Here is just a small sampling of the many activities in Doha for families with children:

- Aspire Play Park Doha's largest park with a lake, jogging track, and shaded areas www.aspirezone.qa
- Circusland features a large play area with carousels, arcade games, a soft play area, rides www.landmarkdoha.com / 4487-6111
- Gondolania located in Villaggio Mall, indoor ice skating rink, gondola boat right, roller coaster, kiddie rides, and more www.gondolania.com / 4403 9800
- Jungle Zone located in Hyatt Plaza, junglethemed activities for kids www.hyattplaza.com / 4499-9699
- Ray's Reef a small play area for younger chil-dren and babies at the Royal Plaza mall www.royalplazadoha.com / 4413-0000
- Bounce The biggest trampoline in the Middle East Tawar Mall 2nd floor/ 4408-6500.
- KidZania an interactive city made for children ages 4-14. KidZania blends learning and reality with entertainment. Qatar Mall/ 4488-1071.

# LOCAL COMMUNITY

### **Useful Websites**

**Embassy Services** 

US Embassy in Doha

qa.usembassy.gov

#### **Qatar Information**

www.expatwoman.com/ qatar www.iloveqatar.net http://qatarhappening.com www.gov.qa www.timeoutdoha.com www.qatarliving.com www.qatarliving.com www.mdps.gov.qa/en www.dohamums.com www.digitalqatar.net www.onlineqatar.com

http://ameinfo.com www.dohanews.com www.gulf-times.com www.qatar-tribune.com www.thepeninsulaqatar.com

www.edu.gov.qa/en www.qm.org.qa/en http://marhaba.qa

www.visitqatar.qa www.katarahospitality.com http://arabianadventuresqatar.net https://qia-qatar.com http://qittour.com Supports individuals and families settling in the Middle East Comprehensive and up-to-date information about Qatar Upto-date information about events in Qatar Qatar government portal Guide to Doha's restaurants, nightlife, films, and things to do Current event listings Statistics about Qatar Informative articles, insight and expertise to include classified ads A blog for technology enthusiasts A guide to visiting and living in Qatar

#### **News and Media**

Middle East business resource Provides latest news from World News Network One of Doha's three main news sources in English One of Doha's three main news sources in English One of Doha's three main news sources in English

#### Culture

Information on school education in Qatar Qatar Museums Qatar's premiere information guide

#### **Travel and Tourism**

Qatar tourism authority Hospitality company in Doha A top tourism company in Qatar A top tourism company in Qatar A top tourism company in Qatar

### EDUCATION



#### **EDUCATION IN QATAR**

There is no Department of Defense Dependent School in Qatar, so all school age children attend local private schools in the area or are home schooled. Those two options are both funded by the Department of Defense Educational Activity (DoDEA).

#### PRIVATESCHOOLS

You will find that many private schools in Qatar provide a quality of education that is on par with or exceeds many US schools. However, many have waiting lists and one of the biggest challenges parents face is securing admission to their school of choice.

You should research schools that interest you as soon as you know you are coming to Qatar, and apply for enrollment as soon as you are approved for the Non-DoD School Program (NDSP) (see "Paying for Education"). Once accepted for CSP, the School Liaison Officer on base will contact you with a list of schools attended by students from Al Udeid. They will help answer any specific questions and walk you through the application process for each individual school. Each school has specific registration requirements that must be completed prior to enrollment, some of which you may be able to accomplish prior to arriving in Qatar.

To find out more about schools, contact the Al Udeid School Liaison Officer, at the Airman and Family Readiness Center, at 379efss.arc@auab.afcent.af.mil or call DSN: 318-437-8001

#### HOME SCHOOLING / VIRTUAL LEARNING

The home schooling community in Doha is well established. If this is a more viable option for you, you may find the Doha Home Educators website especially useful: http://dohahomeeducators.wordpress.com/

DoDEA also offers its fully-accredited "DoDEA Virtual High School" (DVHS) to expand access to education and provide curricular options similar to programs delivered within DoDEA schools.

Currently, DVHS is only for students in grades 9 through 12. Nevertheless, with over 44 courses available, and more to be added in the future, the online courses in DVHS have the same level of rigor and adhere to the same standards of the traditional DODEA curriculum. DVHS courses are customized, standards based courses specifically designed to meet DoDEA graduation requirements of 26 credits for a standard or Honors diploma.

Children who meet the eligibility for the Non-DoD School Program NDSP are eligible to attend DVHS.

More information on the DVHS program can be found here: <u>http://www.dodea.edu/virtualhs/DV/</u> HS/dvhs/

#### PAYINGFOREDUCATION

At overseas/internation allocations where there is not a Department of Defense Education Activity (DoDEA) school, NDSP supports a variety of options for your children, ranging from public or private schools to home school programs. We encourage you to contact the NDSP Liaison responsible for your area of assignment as soon as possible for specific school information. Your receiving command can provide contact information for the NDSP Liaison. Additionally, NDSP has a team of education specialists who are available to provide transition and educational support and coordination for all students, including those with special needs.

For more information, please contact the School Liaison Officer or visit the NDSP website at:

http://www.dodea.edu/nonDoD/

### EDUCATION



#### NURSERIES AND PRE-SCHOOLS

There is are no Child and Youth Programs or Child Development Center on Al Udeid AB, or other on-base options for childcare like you would find at overseas bases. However, there are off-base nurseries and pre-schools, as well as mother and baby groups in Doha, who are a good resource for childcare.

Most nurseries and pre-schools in Doha are not just a "day care" institution, but follow formal international curricula designed to facilitate educational and social development of children. They are open 5 days per week, but some will allow you to enroll children for fewer days. Rates depend on the age of the child and how often they attend. A typical estimate is QR 2,000 (\$550 USD)/ per month for a 2-year-old child attending 5 days per week. (NOTE: DoDEA will not fund nursery, pre-school, or pre-K education.)

A recent Qatari Educational Council ruling set the nursery age limit at 4, at which time a child must be in a pre-K program, not a nursery.

Playgroups are also popular in Doha and typically meet in homes, housing compound clubhouses or public parks. An excellent resource for information on nurseries, pre-schools, and playgroups used by expatriates in Doha is www.dohamums.com.

To call a CAS DSN line from a commercial line <u>outside of Qatar</u>, dial 011-974-4460-9869, wait for the dial tone, then dial the seven digit DSN number. To call from within Qatar, dial 4460-9869.

To call an Al Udeid AB DSN line from a commercial line <u>outside</u> of <u>Qatar</u>, dial 011-974-4458-9555, wait for the dial tone, then dial the seven digit DSN number. To call from within Qatar, dial 4458-9555.



#### **COLLEGES AND UNIVERSITIES**

For families with college-aged dependents, there are several internationally renowned universities with branches in Qatar, to include Texas A&M, Carnegie Mellon, Northwestern, and Georgetown. They offer a wide range of degrees with both full- and part-time studies available.

Camp As Sayliyah and Al Udeid both offers onbase degree programs to both military members and their dependents. College classes are offered by central Texas College and the University of Maryland's University College- Europe. For more information, you can contact the CAS Education Office at DSN 432-2774



### **RELOCATION MATTERS**

#### **RELOCATION ASSISTANCE**

Installation Transportation Office (ITO) provide counseling and services to inbound and outbound personnel. The ITO office is located in bldg. 110. Personal property representatives will assist you and provide instruction on the process of completing your personal property personal data sheets. The ITO team will help ease your transition to Qatar, and provide information on driving, licenses, safety, customs regulations, and many other important issues.

The ITO team has answers to many questions and can refer you to other sources for more detailed information. To register for relocation go to www.move.mil and click on DPS registration and follow the appropriate steps to register/ create a new account, you will be directed to the ETA website to register.

#### (https://eta.sddc.army.mil/dpsRegister/ dodCustomer.aspx)

For further information, Mr. Miconeli Gonzales Lead Transportation Specialist can be reached at DSN: 432-2216 or call Commercial: 3004-1659

#### HOUSING PROVIDED ITEMS

The ASG Housing Office maintains a full service list of required items available on a permanent basis or items may be returned once your household goods arrive whichever is most convenient. Available items include:

King Comforter Chopping Board Silverware Vacuum Cleaner Dish Drainer Cooking Utensils Coffee Maker Water Kettles Mixing Bowl Set Laundry Basket Heat Pads (Cooking) Pot/Pan (Cooking Set) Steam Iron King Sheet Set Towel Set Dinnerware Kitchen Knife Set Can opener Glasses Ironing board Broom/ Dust Pan Garbage cans Measuring Cups Pillows



#### HOUSEHOLD GOODS SHIPMENTS

The total weight of household goods shipped to Qatar will be based on what is authorized on your orders in accordance with the full Joint Travel Regulation (JTR) weight allowance.

Qatar has strict customs guidelines on what and how items may be shipped. You should speak with a personal property counselor at your local Installation Transportation Office (ITO) to ensure all entitlements and benefits are understood and applied for. You should also reference the Personal Property Consignment Instructions Guide located at https://tops.ppcigweb.sddc.army.mil/ppcig/menu/ home/warning.do. This site offers the latest information on restrictions and instructions for shipping items into Qatar, and is only accessible from a government computer.

#### PROHIBITED ITEMS. The following items are prohibited and must not be packed or hand carried into Qatar:

Handcuffs	Night Vision Googles
Military Issued	Laser Pointers
Batons	Camera Glasses
Ammunition Clips	Spy Sunglasses
Gun Parts	Privately Owned Firearms
Hunting knives	Swords (display/non-display)
Police zip ties	Parts of military weapons
War Trophies	Vehicles parts
Toy weapons	Alcohol
Pornography	Small Arms Protective
Pork	Insert (SAPI) Plates

### **RELOCATION MATTERS**

If shipped, these items will be permanently confiscated by the Qatari Customs Agents and you and/or your family may be permanently deported. To ensure you qualify for full replacement value of any damaged or lost items, register at www.move.mil

UNACCOMPANIED BAGGAGE. Shipping your unaccompanied baggage (UB) as early as possible will ensure your household items are here and ready for delivery when you arrive. Include items for comfort and those that allow you to perform your duties while waiting for your household goods to arrive. These recommended items include, but are not limited to, kitchen items, bathroom items, clothing, linens, iron, etc.

Ensure your home station ITO understands that the Personal Property US Government Bill of Lading (PPGBL) is required on all personal property shipments to Qatar.

- Send advance PPGBL to ASG-Qatar, Doha, Qatar.
- Provide both the airway bill and PPGBL numbers.
- UB must be declared: "Used Personal Effects for Personal Use" on Personal Property Government Bill of Lading.
- All inbound shipments are subject to a cursory inspection by Qatar Customs Officials.
- All carrier agents in CONUS must use the carrier that Surface Deployment and Distribution Command has for Qatar to avoid your goods being held in a customs warehouse for an extended period of time.



#### PRIVATELY OWNED VEHICLE

You are authorized to ship one POV at government expense. Your vehicle must be in good condition and without darkly tinted windows, or the local traffic directorate will not allow you to register it.

**RESTRICTIONS:** Qatar forbids the import of:

- Vehicles manufactured more than 5 years from date of arrival in Qatar
- Right-hand drive vehicles
- Vehicles with dark tinted glass

SHIPPING YOUR POV. Vehicles will be shipped via boat and must be containerized. You will need to sanitize the vehicle, ensure all items are taken out of the interior and trunk and provide a set of keys to the carrier. It is helpful to ask the carrier to put the vehicle in the container backwards so the engine is facing the door so that if the battery is dead on arrival, it can be jumped. They should also be shipping the vehicle individually, in a 20 foot container. Your vehicle will be delivered to the central receiving and shipping point in Qatar where the transportation office will sign for it. The container will not be opened until you arrive so that you can perform a joint inspection with a counselor. Ensure Vehicle Processing Center ships your POV in a sea container to the Port of Hamad. Ship through the Defense Travel System for tracking. Maintain a copy of the DD Form 788 or commercial equivalent with your vehicle regis-tration for customs clearance.

TIMING. Most vehicle shipments take 90-120 days from the time the vehicle is dropped off until the time the vehicle arrives in Qatar, longer processing times can be experienced if your vehicle is arriving close to or in the month of Ramadan. You can track your vehicle shipment on www.pcsmypov.com.

Note: Do not route personal property through Camp Doha, Kuwait or consign property to the American Embassy or American Consulate.

### **RELOCATION MATTERS**

#### PETS

PETS WELCOME. Dogs and cats may be brought to Qatar but they cannot be less than four months old and they must have a veterinary certificate of good health and rabies vaccination issued within 30 days prior to date of entry.

PERMIT. Qatar requires an import permit from the Ministry of Municipal affairs and Agriculture. Cats with proper documentation are allowed to enter with no difficulty, but some breeds of dogs are not admitted. Application forms for import permits may be obtained from the Ministry of Municipal Affairs and Agriculture or though an agent such as Qatar Pet Travel. A copy of the pet's health certificate/vaccination record must be submitted with the application. Qatar does not quar-antine healthy pets that have a permit.

REGISTRATION & MICROCHIP. As of June 2011, the Qatar Ministry of Environment requires that any pet arriving in Qatar not already registered with them, must be presented for registration within 48 hours of arrival, have its microchip scanned, original vaccination history reviewed, and documents collected. Also note that as of April 2012, all pets leaving Qatar must be micro-chipped.

**RESTRICTIONS.** The following breeds of dogs are not allowed to enter Qatar:

Afghan Hound	American Staffordshire Terrier
Boerboel	Boston Terrier
Boxer	Bull Terrier
Bulldog	Chinese Shar-Pei
Doberman	Great Dane
Japanese Akita	Neapolitan Mastiff
Rottweiler	Staffordshire Bull Terrier

However, breeds come off or are added to this list regularly. For more information contact HNCC or go to https://www.fcg.pentagon.mil/fcg.cfm.

PET TRANSPORTATION. You will pay out of pocket to fly your pet here, even on military aircraft (cost can vary). Commercial airlines have different rules, so check with your carrier for specifics well in advance. Some airlines will **NOT** ship pets during temperature extremes and others limit the size of the carrier. It is encouraged that you check with your airline for specific information.

FOR MORE INFORMATION. The following websites may be helpful in helping you plan your pets relocation to Qatar:

www.pettravel.com/immigration/qatar.cfm www.qatarpetrelocators.com/index2.php

http://dohavets.com/pet-relocation/

http://qatarvet.com/pet-relocation/

#### **FINANCIAL PREPAREDNESS**

Living in Qatar is expensive. Although gas is much cheaper here than in the US, you may find your monthly grocery bill is more expensive based on your personal preferences. That, combined with the potential expense of a rental car or driv-ing service, makes it imperative that you consider your financial situation before you apply.

Accompanied permanent party personnel receive almost all of the financial entitlements as those who are deployed to this location—plus a cost of living allowance (COLA).

For the most current pay rates and entitlements, visit <u>www.dfas.mil.</u> For actual COLA, go to: www.defensetravel.DoD.mil/site/colaCalc.cfm

#### **PCS REPORTING PROCEDURES**

If traveling to CAS/Al Udeid via the AMC Military rotator for your PCS, military members are allowed to travel in civilian clothes.

When you arrive in Qatar, you will be met by your sponsor. If traveling with dependents, you will be taken directly to your off-base residence. If you arrive ahead of your dependents, you will go to CAS and reside in on-base lodging until your dependents arrive. Civilians will be housed offpost until your dependents arrive. You must inprocess with the S1 within 2 day of arrival to start in-processing actions.

### CAS SUPPORT SERVICES

The CAS Support Services and Tenant Unit Team of Teams will assist you during your transition to/ from Qatar, and while living here. Services include:

#### CHAPEL SERVICES AND PROGRAMS

The Area Support Group Chaplaincy provides spiritual care to all Soldiers, DA Civilians, contractors, and their families. The CAS chaplain will accommodate accompanied families and religious support needs to the maximum extent possible. This includes advising personnel, associating with local religious communities on the installation and appropriately identifying and publicizing off base worship opportunities.

Keep in mind that although practitioners of non-Islamic faiths can worship in areas specifically designated by the State in Doha, many command sponsored families choose to use the chapel services at Camp As Sayliyah or at the neighboring Air Force Base. To learn more about times of worship, to learn more about volunteer opportunities, or to speak with a chaplain, call the CAS Chapel team at the below listed number.

Hours of operation: 0900- 1700 daily 24 hours on call chaplain support.

DSN: 432-4338 or call Chaplain Assistant after hours at 5023-1683.

E-mail: jonathan.c.culver.mil@mail.mil.

INDIVIDUAL, FAMILY AND GROUP COUNSELING and courses offered on stress management, parenting, Strong Bonds, suicide prevention, Bible study, and unit wide training are available.

#### **BEHAVIORAL HEALTH CLINIC**

Hours of Operation: 0900-1500 Monday-Thursday DSN: 432-3508

Emergency after hours care may be accessed through the local hospital.

A SCHOOL LIAISON OFFICER to help answer

questions about the local school system and help with enrollment in the Non-DoD School Program (NDSP). Hours of Operation: 8 a.m. to 8 p.m. daily DSN: 437-8001/8184/6267/7080 E-mail: 379efss.arc@auab.afcent.af.mil

#### **FINANCE OFFICE**

Provides Eagle Cash Cards. Hours of Operation: 0900-1600 Monday- Friday; 0900-1200 Saturday DSN: 432-6113

#### POST EXCHANGE (PX)

There is no commissary at CAS or Al Udeid AB, but the PX on CAS offers limited food items. The PX on CAS and on Al Udeid AB sometimes sell out of certain items for brief periods due to popular demand and long shipping timelines. If unable to find what you are looking for in store, you can shop at shopmyexchange.com for shipment to your address or ask the store representative to request an order to be shipped directly to the store. Credit cards, debit cards and Eagle Cash Cards are accepted.

AAFES and MWR also operates barber and beauty shops, alterations and custom tailor shops, a gift shop, and a jewelry shop.

Hours of Operation: Post Exchange- 0800-2200 daily

HOST NATION COORDINATION CELL The Host Nation Coordination Cell (HNCC) serves as a liaison between CAS, Al Udeid AB base agencies and the host nation. Its many services include translation, travel clearances, customs, and immigrations coordination. Hours of operation: 0900-1700 daily

DSN: Customs (24-hr: 437-5111/5585-0815); Security (24-hr: 437-6104) or

e-mail: 379AEW/hnccworkflow@auab.afcent.af.mil.

### CAS (S-9) CIVIL MILITARY OPERATION Assist with the following:

- Qatar Residency
- Passports
- Visas
- Hamad Medical Card
- Vehicle Registration/ De- Registration
- Cultural Advise/ Laws

### CAS SUPPORT SERVICES

#### **EDUCATION CENTER**

The Education Center provides multiple testing opportunities to include the College Level Testing (CLEP and DANTES), language testing (DLAB and DLPT), SIFT, OPI, and Pearson Vue. Additionally, the center has computers for educational purposes and on-site college courses through the University of Maryland and Central Texas College. The center provides educational counseling, scholarship information and GI Bill assistance.

Hours of Operation: 0800-1830 Monday-Sunday. The computer lab is open 0800-2100 daily.

DSN: 432-2771/2777/2778

E-mail: april.y.brown4.civ@mail.mil

#### LEARNING RESOURCE CENTER

The LRC located on Al Udeid AB is similar to a public library offering a variety of books, CDs, DVDs, and Blu-Ray movies. There are computers available, as well movie rooms for your enjoyment. Hours of Operation: 24/7 DSN: 437-7673/7002

#### **ASG LEGAL OFFICE**

Provides legal assistance to service members, DoD civilians, dependents, and retirees. Wills, powers of attorney and notaries are performed on a walk- in basis. Legal assistance attorneys are not authorized to represent service members and dependents in off- base disputes. Individuals with off-base disputes should retain the services of a host nation attorney.

Hours of Operation: 0900-1700 Monday- Wednesday and Friday, 1300-1500 Thursday. DSN: 432-2409

#### **MOVIE THEATERS**

At the CAS Theater, patrons can enjoy new releases provided by AAFES. There is a \$4 fee for contractors; military members and civilians enter for free. Monthly movie schedules are posted throughout the base at various locations.

Hours of Operation: 1700-2200 Thursday-Saturday, 1430-2200 Sunday DSN: 437-3033

#### **CAS POSTAL OPERATION**

CAS has a postal operation for mailing outgoing packages and letters, and has limited post office boxes to receive mail. Packages and letters mailed to you in Qatar can be sent to a PSC box, or the military member's unit address; arrival of mail can vary for a variety of reasons.

Please note that you cannot send or receive alcohol, pork products, reworks, or pornographic material. Doing so violates US Central Command and US postal Service policies. Note also that there is no registered mail service, only certified mail. Hours of Operation: 0830-1630 Monday-Saturday, 1300-1700 Sunday. Official Mail: 0900-1100 Monday-Saturday DSN: 432-2256

#### **FITNESS CENTERS**

There are two fitness centers that provide a variety of cardio and weight equipment. The staff manages aerobic classes, fitness incentive programs, and a robust fitness vent line- up to include intramural sports, tournaments, and fun runs. Hours of Operation: 24/7 DSN: 432-2957/3759

#### **OUTDOOR POOL**

A large 25- meter outdoor pool complex is located on CAS and is used for lap swimming and recreation. Hours of Operation: 0500- 2345 daily. Closed 0900-1030 for cleaning.

#### **COMMUNITY ACTIVITY CENTERS**

The two CACs (Oasis and Top Off) are places to relax and unwind. Billiards, ping pong, card tournaments, video games, and musical instruments are available daily for your enjoyment.

Hours of Operation: Oasis: Lunch - 1130-1400 Monday-Friday, 1130midnight Saturday Dinner - 1700-midnight Mondays, Thursdays-Sunday, 1700-2200 Tuesday-Wednesday

Top Off: 24-hr daily DSN: 432-3325/ 432-4059

### CAS SUPPORT SERVICES

#### **DINING FACILITIES**

CAS has a spectacular food service operation, where families are welcomed. Meals are billed through the Eagle Cash Card.

Hours of Operation:

- Breakfast- 0630-0830 Grab and Go- 0700-0900
- Lunch- 1130-1330 Grab and Go- 1200-1400
- Dinner- 1700-1900 Grab and Go- 1700-1930
  - Midnight- 2345-0045 Grab and Go- 2345-0100
- Brunch- 0900-1300 (Sunday)

DSN: 432-2861

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#### LOUNGES

There are three lounges available for your enjoyment on Al Udeid AB. The Kasbah, the Zink, and the Fox Sports Skybox are open to all US and Coalition military, their spouses and dependents, US Government civilian employees and DoD contractors. This is a venue to gather and socialize, watch a sporting event, dance or listen to music, gather with friends and coworkers, or to relax and unwind.

Hours of Operation: The Kasbah and Zink are open from 1800-midnight Sunday - Wednesday, 1800-0200 Thursday, and 1700-0200 Friday - Saturday. The Fox is open 24/7. DSN: 437-3902/3903



### **TIPS FOR NEW FAMILIES**

#### ALCOHOL AND PORK

There is one store off-base in Doha where you can purchase alcohol and pork: the Qatar Distribution Center (commonly referred to as the QDC). You can purchase a license to do so, after obtaining a residency permit. There are limits on how much you can buy each month, and a membership fee is required. You will also need a salary verification form which is processed through HNCC. <u>Remember: do not send alcohol</u> or pork products in the mail, do not ship it in your household goods, and do not try to bring it in your <u>suitcases</u>!

#### APPLICANCES AND ELECTRONICS

Small appliances are easy to find here with a variety of price categories. However, if you can buy 220V blow dryers and curling irons, we highly recommend bringing them. They are available but can be more expensive and lower quality. Most laptops, iPads, etc. are dual voltage, but it is best to check.

#### GRILLS

Charcoal is prevalent and easier to find legally than propane. However, if you want a propane grill, you should know that they can be expensive here and have different connections than those in the US. If you ship one, it may need work done to get the connections right. You can purchase grills in the PX. Propane can be purchased at many places where you see a "WOQOD" sign, but make sure you get the correct connection.

The initial propane tank costs \$100 and refills cost \$5-15. You can purchase 12Kg or 6Kg tanks. The propane tanks are larger than in the States. They are also plastic, which helps to see fluid level, but may not take the heat well.

#### EAGLE CASH CARD

"Eagle Cash" is a stored value card program used in lieu of cash or checks at CAS and Al Udeid. Eagle Cash is accepted for transactions on base, and not all stores accept debit or credit cards. For this reason, we recommend family members get an Eagle Cash Card as well as the active duty member. This is done at the CAS Finance Office.

#### BEDS

For your comfort, bringing a mattress pad is highly recommended. You may want to send to your sponsor or unit address so it's waiting for you when you arrive. Also, the beds are not the same size as American beds but deepen king sheets fit the king beds and full- sized sheets fit double beds if you fold them under. Quilts work well as they are warm enough in the winter (or easy to layer), and cool enough in the summer with the air conditioning. Finally, high- quality bed linens are very expensive and harder to find.

#### **CELL PHONES**

A cell phone is vital here! You can get a local phone or see if your phone company will unlock your phone for use here.

#### CAR INSURANCE

Many US companies do not insure cars here and you may be expected to pay one year up front in local currency if you use a local company. Prices vary widely based on the value, age, condition and size of the vehicle.

#### **CAR PURCHASE**

If you purchase a car here, it will likely need to be paid for in cash. Also, consider what you will do with the car after your tour ends. It may be difficult to have someone else sell it for you with a power of attorney, so selling it yourself before you return may be the best option.

#### **CAR REGISTRATION**

If you ship your car, the registration process can be lengthy, but the Host Nation Coordination Cell at Al Udeid will help with this process and provide an Arabic- speaking translator. All associated fees must be paid in local currency.

#### CHRISTMAS AND HOLIDAYS

Christmas trees, lights and some decorations are available in Doha. If you bring decorative lights from the States, they must be plugged into a transformer to convert the electricity. Large amounts of electricity stress the outlets, so beware of overloads. Decide up front how many decorations to ship.

# **TIPS FOR NEW FAMILIES**

#### CLOTHING

Don't forget to pack sweaters and a few coats. It is very humid here, and it is wise to layer from November to February. Boots are com-mon, especially with expats. April to August it is HOT! Men and women should avoid exposing their knees, shoulders, cleavage or stomach, and not wear tight, revealing clothing out of respect for local customs.

- For women, maxi dresses are a great idea. If they are sleeveless or strapless, just add a thin, short-sleeved cardigan or shirt. Scarves are a good idea to wear with lower cut shirts/blouses.
- Men can get away with a polo shirt and jeans or slacks almost all year long.
- Housing compounds are not very strict about swim wear in the pools. Many ladies wear 2 piece swimsuits in the pool, then wear cover-ups (that do not cover knees/arms) when go-ing back and forth from the pool to their resi-dence.
- There are "dress up" opportunities when suits and sport coats are appropriate, such as sym-phony performances, 5-star hotel dining, high tea, off-base church events, special holiday events, etc. Women should bring at least one formal wear outfit for balls as there will be opportunities to wear them.
- Clothing choices during Ramadan are more strict. Men and women **must** cover their el-bows and knees during this time. Short sleeved shirts can be worn at any time other than dur-ing Ramadan.





**DRIVING.** Roundabouts are very common in Doha, and have their own rhythm, but in time you will get used to the flow of traffic. Here are some additional tips:

- At traffic lights, green lights blink 5 times be-fore the light changes to yellow (amber). Stop when you see the blinking green light because the amber cycle is VERY short and you will probably not make it through the intersection before the light turns red.
- Some intersections are equipped with cameras and take pictures of cars that run red lights. If you are caught, the fine ranges between QR1,000-10,000 (\$274-\$2,740) and you may not be notified of the violation. You can check online at <a href="http://www.moi.gov.qa/site/english/">www.moi.gov.qa/site/english/</a> under the "Traffic Violations" link on the right side of the page.
- Roads are rarely marked by name. Most signs say where they are going or the neighborhood they are near. Also, many roads change names at roundabouts.
- There are 5 concentric roads moving out from the Corniche in the southern part of the city called A, B, C, D, and E Rings. Crossing these "rings" are three roads you will use often: Salwa Rd, the shopping and restaurant road; Grand Hamad Street, which runs through the souqs; and Al Rayyan which runs toward Education City.

### **TIPS FOR NEW FAMILIES**

#### **HOME GOODS**

If you enjoy gardening, you might want to pack gardening tools such as rakes, shears, and outdoor brooms and flower pots. Manual mowers and weed eaters are usually good for ground maintenance.

Housing compounds furnished similarly in terms of art and furniture. If you want to decorate your home in a unique way that reminds you of home/ holidays/ family/ favorites, be sure to pack accordingly.

Storage bins and plastic drawers/ tubs can be more expensive than in the US. Your house or apartment may have a storage room, but it will not have outdoor storage.

#### **KITCHEN ITEMS**

Items are provided by the housing office, but you can bring what you normally use on a day-to-day basis. If you require serving plates for special occasions, it is advised that you bring those too. You may find that cookware/kitchenware is not of the same quality here, and you can get by with what you bring. Nevertheless, we have had families who wish they had brought more kitchen items from home (pots and pans, bake ware, cooking tools, dishes, serving trays, etc.) for potlucks and such.

Remember: 120V items will need a transformer to work. If you drink wine, bring your wine glasses as there are not many options locally and what is available gets picked over very quickly.





#### WATER

Tap water in Doha is considered potable, but many families filter and/or purchase bottled water. You can buy a water dispenser for about QR400 (~\$110) that holds 5-gallon bottles of water which are delivered to your villa weekly. In Doha, there is abundant hot water in the summer as most houses have cisterns on the roof that are heated by the sun but no cold water. If you need to do laundry with cold water you may need to fill a tub or bucket with water the night before and wait for it to cool before washing. Some residents shut off their indoor hot water tanks in the sum-mer and use the water as the cold water supply.



LADIES ONLY. There are many "ladies only" places. The gyms often have ladies only times, restaurants have "family sections" (men are allowed in only when with their families), and many busi-nesses will have ladies divisions. Some of the malls have "families only" nights as well as some of the medical hospitals.



**WEEKENDS IN DOHA.** The local weekend is Friday-Saturday, not Saturday-Sunday. This is important to note if you will have children in school or if you prefer to shop on Friday or Saturday evenings (when the crowds are largest).