



CENTENNIAL

A CENTURY OF CONSTANT READINESS

November 7th, 2018, marks the 100th birthday of U.S. Army Central. Our lineage goes back to the Third Army, established during the first World War and commanded by Gen. Patton during WWII.

We are celebrating by reflecting on the qualities that make USARCENT great - strength, service, and honor. We hope you will follow along and join us throughout our **#USARCENrury** celebration.

#100DaysofStrength January 3—April 13

#100DaysofService April 14—July 23

#100DaysofHonor July 24—October 31

#CentennialCountdown November 1—7

SAVE THE DATE

Centennial Gala November 17, 2018



WWW.USARCENT.ARMY.MIL/USARCENr100

FAMILY READINESS GROUP (FRG)



Find us on Facebook:

@PATTONSOWNFRG

FACEBOOK.COM/GROUPS/USARCENrFRG

Family Readiness Support Assistants

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FOLLOW USARCENT



Don't miss out on the latest USARCENT news and information!

Follow **@USARMYCENTRAL** on Facebook, Twitter, YouTube, and Flickr.

Our official website provides information for team members, families, and the general public. Bookmark and share:

WWW.USARCENT.ARMY.MIL



U.S. ARMY CENTRAL CENTENNIAL CELEBRATION

100 DAYS OF SERVICE

APRIL 14—JULY 23, 2018

100-HOUR CHALLENGE

1 GABRESKI DRIVE | SHAW AIR FORCE BASE, SC 29152

100 HOUR CHALLENGE

U.S. Army Central Family Readiness Group is challenging Soldiers, Civilians, and Family members to complete 100 hours of volunteer service within the **#100DaysofService** campaign, from April 14—July 23, 2018.

All registered participants who reach the goal for their age group will be entered for a chance to **win a Visa gift card!**

Ages 16 & Up:

Goal: 100 Hours

Prize: \$100 Visa card

Ages 15 & Younger:

Goal: 25 Hours

Prize: \$25 Visa card

How to Register and Track Your Hours:

- Complete **DD Form 2793** and return to a Family Readiness Support Assistant (FRSA). They will provide you a #100DaysofService Volunteer Tracking Sheet. Any minors participating will require a parental consent form.

OR

- **Register & track your hours digitally** in the Volunteer Management Information System (VMIS) found at:

www.mymilitarysource.com

**All hours must be submitted no later than
July 23, 2018.**

100 DAYS OF SERVICE

U.S. Army Central team members and Families make a difference each and every day, both through and outside of our assigned mission.

100 Days of Service focuses on that one facet of the USARCENT story – how we serve each other, our neighbors, and the global population.

From April through July, we will be highlighting unique and meaningful stories about USARCENT members—volunteering in our communities and around the globe.

Follow along with **#100DaysofService** & share your stories!



VOLUNTEERING

Together we make a difference!

Volunteering offers a way to make a real and meaningful impact on the world, and more specifically, your community.

Not only does it help those around us, we benefit as well. Volunteering leads to a healthier body and mind. Studies have shown that volunteering provides emotional, social, mental, and physical benefits:

- **Skill Development**—Volunteering helps you learn new skills or use those you already have in new ways.
- **Career Exploration**—Volunteering offers the opportunity to cross paths with people from across the community, in a variety of fields.
- **Personal Growth**—Volunteering helps you build your resume while also contributing to emotional stability and self-esteem.
- **Social Interaction**—Volunteering is a fun, meaningful way to spend time with your family or make new friends.